2/5 Carol Street, Mornington 3931 0407 110 181

### Use by:





### INGREDIENTS

Almonds 20% Cashows Oats 18% Walnuts Honey 15% Linseed Butter 10% Pepitas Brown sugar Fig Flour Apple Macadamia Peach Secome seeds Pear Sunflower seeds Cranherries Millet Chia seeds Coconut Corn Preservative(220) Spelt

### Nutrition Information

| Servings per package: | 1.00                               |    |                                  |    |
|-----------------------|------------------------------------|----|----------------------------------|----|
| Serving size:         | 70.00                              | g  |                                  |    |
|                       | Average<br>Quantity per<br>Serving |    | Average<br>Quantity per<br>100 g |    |
| Energy                | 1210                               | kJ | 1730                             | kJ |
| Protein               | 6.1                                | g  | 8.6                              | g  |
| Fat, total            | 19.8                               | g  | 28.3                             | g  |
| - saturated           | 6.8                                | g  | 9.7                              | g  |
| Carbohydrate          | 20.1                               | g  | 28.8                             | g  |
| - sugars              | 8.5                                | g  | 12.2                             | g  |
| Sodium                | 60                                 | mg | 85                               | mg |

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## Use by:





#### INGREDIENTS

Almonds 20% Cashew Honey 15% Walnuts Butter 10% Linsood Brown sugar Fig Rice flour Apple Pistachios Anricot Macadamia Cranherries Secome seeds Millet Sunflower seeds Corn Chia seed Pepitas Ruckwheat Coconut Xantham gum

#### Nutrition Information Servings per package: 1.00 Serving size: 70.00 g Average Average Quantity per Quantity per Servina 100 a Energy 1280 kJ 1830 kJ Protein 5.6 g 8.0 a Eat total 21.8 g 31.1 g - saturated 7.6 a 10.8 a Carbohydrate 20.8 a 29.7 g - sugars 9.8 q 14.0 g Sodium 8 mg 12 mg

#### Made in a kitchen where gluten is present

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## Use by:





#### INGREDIENTS

Almonds 20% Cashews Honey 15% Walnuts Nutteley 10% Linsood Brown sugar Fig Rice flour Apple Pistachios Apricot Macadamia Cranherries Secome seeds Millet Sunflower seeds Corn Chia soods Pepitas Ruckwheat Coconut Xantham gum

#### Nutrition Information Servings per package: 1.00 Serving size: 70.00 g Average Average Quantity per Quantity per Servina 100 a Energy 1180 kJ 1680 kJ Protein 6.1 g 8.8 g Eat total 17.5 g 25.0 g - saturated 2.7 a 3.9 a 33.3 g Carbohydrate 23.3 g - sugars 11.0 g 15.6 q Sodium 22 ma 32 mg

Made in a kitchen where gluten is present

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# Use by:





#### INGREDIENTS

Almonds 20% Cashews Golden syrup 15% Walnuts Nutteley 10% Linsood Brown sugar Fig Rice flour Apple Pistachios Anricot Macadamia Cranherries Secome seeds Millet Sunflower seeds Corn Chia soods Pepitas Ruckwheat Coconut Xantham gum

#### Nutrition Information Servings per package: 1.00 Serving size: 70.00 g Average Average Quantity per Quantity per Servina 100 a Energy 1190 kJ 1700 kJ Protein 5.5 g 7.9 g Eat total 19.5 q 27.8 g - saturated 3.3 a 4.7 a Carbohydrate 20.6 g 29.4 g - sugars 9.5 q 13.5 q Sodium 44 ma 63 ma

#### Made in a kitchen where gluten is present